

GFSC House-League Information Document for Parents

GFSC House League Description:

-The GFSC House League is a recreational soccer program designed to provide a balanced, fun environment for boys and girls who desires to learn the game, advance ball control skills, and participate in small-sided games against other neighborhood teams.

-House League teams are formed in the U-6 and U-7 age groups with mixed (boys and girls) participation. Starting at the U-8 age group the leagues are split into an all-girls league and a coed league.

All-Girls League Option at U-8 and U-9/10:

-At the U-8 and U-9/U10 age groups, girls are strongly encouraged by the GFSC professional coaching staff to play on an all Girls team (but may continue to play on a coed team, however, in the past coed teams tend to be 90-95% boys).

-Historically, girls playing in the U-8 or U-9/10 coed league have more difficulty developing core soccer skill and maintaining healthy participation levels for continued growth and development.

Practice/Games:

-All House league teams practice one night a week and play games each weekend (Saturdays) during the Spring and Fall soccer seasons.

-Generally teams practice at 5 pm or 6 pm for an hour (practice schedules are not set until August or March) and all practices and games are on local Great Falls soccer fields against other Great Falls teams in the same applicable age group.

-U-6, U-7 and U-8 (in the Fall) age groups play 4x4 games to small goals (no goalies).

-U-8 (Spring)and U-9/10 age groups play 7x7 games with goalies.

Coaches:

-U-6 and 2010 Fall U-7 house league teams are coached in practice and games by parent volunteer coaches. We encourage parents to volunteer to coach a team or to act as an assistant coach, as no prior coaching experience or soccer knowledge is required.

-At the U-8 age group (and the U-7 age group starting in the Spring of 2011), the teams/players are coached in practice by coaches appointed by the GFSC professional coaching staff and in games by parent volunteer coaches, with oversight by coaches appointed by the GFSC professional coaching staff.

Team Selection:

-Each season the players are rotated to different teams (excluding, however, a player whose parent is a volunteer coach/assistant or a coach/trainer appointed by the GFSC professional coaching staff).

Additional Information/Contact:

-If you have any questions please feel free to contact Regina McDonough, the GFSC VP of

Recreational Programs, at rvmcdonough@hotmail.com or review a more detailed on the GFSC website (www.greatfallssoccer.com) under the House League sub-section.